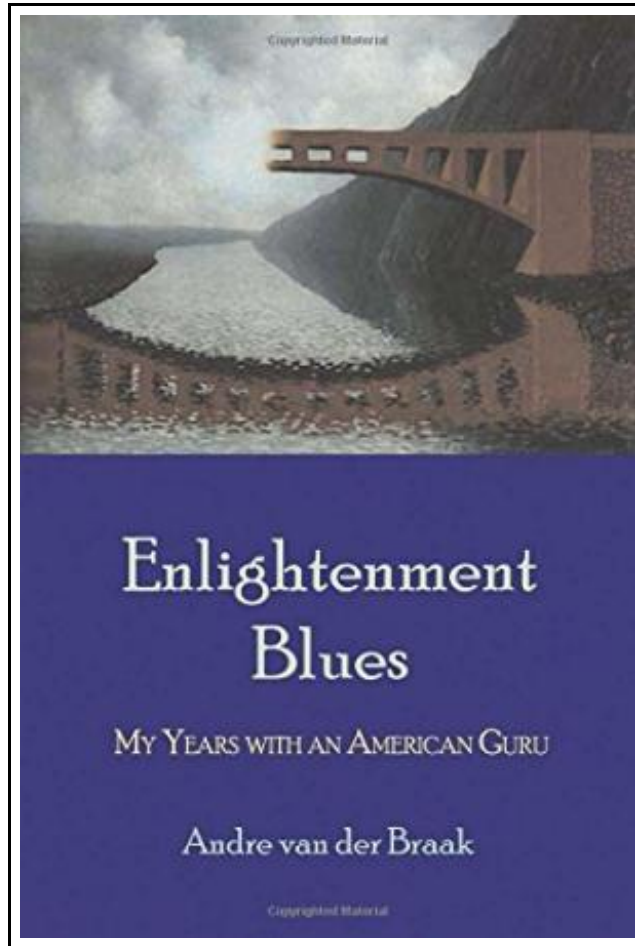


## Enlightenment Blues: My Years with an American Guru



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## ENLIGHTENMENT BLUES: MY YEARS WITH AN AMERICAN GURU



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Consortium Book Sales Dist, 2003. Paperback. Book Condition: New. 208 x 137 mm. Language: English . Brand New Book. Enlightenment Blues is Andre van der Braak s compelling first hand account of his relationship with a prominent spiritual teacher. It chronicles both the author s spiritual journey and disenchantment as well the development of a missionary and controversial community around the teacher. It powerfully exposes the problems and necessities of disentanglement from a spiritual path. Enlightenment Blues is the account of a young man s sincere and protracted struggle to transform his life according to the teachings of the American guru Andrew Cohen. Ruthlessly honest and unsettling, Andre van der Braak gives a vivid first-hand account of an uncompromising experiment in establishing Indian spirituality in a modern Western setting. This story is essential reading for anyone seeking to understand the allure and pitfalls of surrendering one s authority in the hope of spiritually transforming the world Stephen Batchelor, Author Buddhism without Beliefs Narrated with the psychological subtlety and drama of a good novel, Enlightenment Blues is a precise, profound dissection of the guru-devotee relationship. It should be required reading for all who are currently engaged in or considering studying under a spiritual teacher. John Horgan, author of Rational Mysticism A profound contribution. The maturity and balance of this book place it at the front rank of works on contemporary spirituality. All the major themes of the spiritual quest are here - reason versus emotion, the problem of the ego, the guru, self-doubt, the place of altered states. Andre van der Braak has the creative gift of being able to hold opposing ideas in his mind without moving towards premature closure. Hence this heartfelt account of his eleven years in the Cohen movement is a beautiful testament to one man s...



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